

ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union –
Pacific Maritime Association www.benefitplans.org

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ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

March 21, 2024

To: ILWU Southern California Locals 13, 26, 29, 46, 63, 94

From: Mario Perez, Director of Benefit Plans

Subject: Sam Alvarado – Southern California Area Welfare Director

Sam Alvarado will be out of the office beginning March 21, 2024. He is estimated to return on May 2, 2024. Liv Holton will continue to be available in Sam's office during his absence. Please also encourage Participants to contact the Benefit Plans Office for assistance.