

Benefit Summary

ILWU - Pma Welfare Active

Group Number: 0005000



Effective Date 7/1/2019	Health Plan Core HMO	Ref RQ-142002
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This is a brief summary of benefits. THIS IS NOT A CONTRACT OR CERTIFICATE OF COVERAGE. All benefit descriptions, including alternative care, are for medically necessary services. The Member will be charged the lesser of the cost share for the covered service or the actual charge for that service. For full coverage provisions, including limitations, please refer to your certificate of coverage.

In accordance with the Patient Protection and Affordable Care Act of 2010,

- The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of reaching a lifetime limit under this plan are eligible to enroll in this plan, and
- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

Benefits	Inside Network
Plan deductible	No annual deductible
Individual deductible carryover	Not applicable
Plan coinsurance	No plan coinsurance
Out-of-pocket limit	Individual out-of-pocket limit: \$1,000 Family out-of-pocket limit: \$2,000 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services
Pre-existing condition (PEC) waiting period	No PEC
Lifetime maximum	Unlimited
Outpatient services (Office visits)	\$0 copay
Hospital services	Inpatient services: Covered in full Outpatient surgery: \$0 copay
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic and/or brand Covered in full
Prescription mail order	Covered in full
Acupuncture	Covered up to 8 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan \$0 copay
Ambulance services	Covered in full
Chemical dependency	Inpatient: Covered in full Outpatient: \$0 copay
Devices, equipment and supplies	Covered in full, orthotic devices covered up to \$400 per person per calendar year
<ul style="list-style-type: none"> • Durable medical equipment • Orthopedic appliances • Post-mastectomy bras limited to two (2) every six (6) months • Ostomy supplies • Prosthetic devices 	
Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.
Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Covered in full High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.

Emergency services	\$0 at a designated facility \$0 copay at a non designated facility
Hearing exams (routine)	\$0 copay
Hearing hardware	Not covered
Home health services	Covered in full. No visit limit.
Hospice services	Covered in full
Infertility services	Covered subject to the applicable cost share
Manipulative therapy	Covered up to 10 visits per calendar year without prior authorization \$0 copay
Massage services	See Rehabilitation services
Maternity services	Inpatient: Covered in full Outpatient: \$0 copay. Routine care not subject to outpatient services copay.
Mental Health	Inpatient: Covered in full Outpatient: \$0 copay
Naturopathy	Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan \$0 copay
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Covered at cost shares when medical criteria is met
Organ transplants	Unlimited, no waiting period Inpatient: Covered in full Outpatient: \$0 copay
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Contraceptive drugs and devices are covered in full.
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 60 days per calendar year. Services with mental health diagnoses are covered with no limit. Covered in full Outpatient: 60 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$0 copay
Skilled nursing facility	Covered in full up to 60 days per calendar year
Sterilization (vasectomy, tubal ligation)	Covered in full
Temporomandibular Joint (TMJ) services	Inpatient: Covered in full Outpatient: \$0 copay
Tobacco cessation counseling	Quit for Life Program - covered in full
Routine vision care (1 visit every 12 months)	\$0 copay
Optical hardware Lenses, including contact lenses and frames	Members under 19: 1 pair of frames and lenses per year or contact lenses covered in full Members age 19 and over: a) \$300 allowance every 24 months for eyeglass frames only b) eyeglass lenses of any type covered in full every 12 months, and c) \$300 allowance for contact lenses and fittings every 12 months.