

ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —
Pacific Maritime Association www.benefitplans.org

1188 FRANKLIN STREET • SUITE 101 • SAN FRANCISCO, CALIFORNIA 94109

PHONE (415) 673-8500
FAX (415) 749-1400

ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

December 22, 2020

To: ILWU Southern California Locals 13, 26, 29, 46, 63, 94
From: Mario Perez, Director of Benefit Plans
Subject: **Notice to All Southern California Participants and Beneficiaries
Enrolled in the ILWU-PMA Welfare Plan**

The enclosed notice is being mailed to all eligible Welfare Plan members in Southern California enrolled in the ILWU-PMA Welfare Plan.

cc: Sam Alvarado, Area Welfare Director

Attachment

A copy of this memo can be downloaded at www.benefitplans.org

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**To: All Southern California Participants and Beneficiaries Enrolled in the
ILWU-PMA Welfare Plan**

Please take notice that the Trustees of the ILWU-PMA Welfare Plan (“Plan”), who have sole authority to administer the Plan, have determined that the Plan will **not** reimburse any Plan Participants or otherwise pay benefits for any claims for services, supplies, tests, or prescriptions provided to any Plan Participant or beneficiaries by provider **Gregory Cartmell, D.C.**, or any healthcare providers affiliated with or working under the direction or supervision of this provider, or any other entity under which these providers may start to bill, effective January 25, 2021.

A complete and current list of all providers and healthcare facilities whose services and prescriptions the Plan is no longer covering is posted on the Plan’s website, www.benefitplans.org. Please consult the website or telephone the Benefit Plans Office at (415) 673-8500 to get the most current information regarding providers and facilities which are no longer covered.

Below, for your information, is the known address for this provider.

Gregory Cartmell, D.C.: This provider will not be covered under the chiropractic benefit. Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective January 25, 2021.

Addresses: 916 North Western Ave., Ste. 225, San Pedro, CA 90732

Associated Entity: Cartmell Chiropractic, Inc.