

# ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —  
Pacific Maritime Association

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[www.benefitplans.org](http://www.benefitplans.org)

ILWU-PMA Pension Plan  
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

December 2019

**To: All Southern California Participants and Beneficiaries Enrolled in the ILWU-PMA Coastwise Indemnity Plan**

Please take notice that the Trustees of the ILWU-PMA Welfare Plan ("Plan"), who have sole authority to administer the Plan, have determined that the Plan will **not** reimburse any Plan Participants or otherwise pay benefits for any claims for services, supplies, tests, or prescriptions provided to any Plan Participant or beneficiaries by **Care One Pharmacy**, any pharmacy affiliated with Care One Pharmacy, or any pharmacist or any other entity under which the owner of this entity may start to bill, effective December 19, 2019.

A complete and current list of all providers and healthcare facilities whose services and prescriptions the Plan is no longer covering is posted on the Plan's website, [www.benefitplans.org](http://www.benefitplans.org). Please consult the website or telephone the Benefit Plans Office at (415) 673-8500 to get the most current information regarding providers and facilities which are no longer covered.

Below, for your information, is the known address for this provider.

**Care One Pharmacy:** Please note, any prescription claims from this provider will not be reimbursed, effective December 19, 2019.

Address: 9055 Garfield Avenue, Fountain Valley, CA 92708-6560