

ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union –
Pacific Maritime Association www.benefitplans.org

1188 FRANKLIN STREET • SUITE 101 • SAN FRANCISCO, CALIFORNIA 94109

PHONE (415) 673-8500

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ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

October 13, 2020

To: ILWU Southern California Locals 13, 26, 29, 46, 63, 94
From: Mario Perez, Director of Benefit Plans
Subject: **Notice to All Southern California Participants and Beneficiaries
Enrolled in the ILWU-PMA Welfare Plan**

The enclosed notice is being mailed to all eligible Welfare Plan members in Southern California enrolled in the ILWU-PMA Coastwise Indemnity Plan.

cc: Sam Alvarado, Area Welfare Director

Attachment

A copy of this memo can be downloaded at www.benefitplans.org

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To: All Southern California Participants and Beneficiaries Enrolled in the ILWU-PMA Coastwise Indemnity Plan

By notice dated **March 16, 2020**, you were informed that the ILWU-PMA Welfare Plan ("Plan") would no longer reimburse Plan participants for services, supplies, tests, or prescriptions provided by **Shanna Darling, N.P., located at 1350 W. 6th Street, San Pedro CA 90732**. ***Please take notice that the Trustees of the Plan, who have sole authority to administer the Plan, have determined that the Plan will again reimburse participants and beneficiaries for services provided to them by Shanna Darling, N.P. on or after October 1, 2020.***

A complete and current list of all providers and health care facilities whose services, supplies, tests and prescriptions the Plan does not reimburse is posted on the Plan's website, www.benefitplans.org. Please consult the website or telephone the Benefit Plans office at (415) 673-8500 to get the most current information regarding providers and facilities whose invoices will not be reimbursed.