



ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan
ILWU-PMA Supplemental Welfare Benefit Plan

May 12, 2006

TO: ILWU Longshore Locals 10, 34, 75 and 91

FROM: Gail Lorentz, Manager, Welfare Plans

**SUBJECT: Insert for Gentle Dental Group Adult and Children's Dental Programs
(Formerly Naismith)**

Enclosed are inserts for the Gentle Dental Group Adult Dental Program SSPD and Children's Dental Program SSPD. The inserts reflect updates on the name change to Gentle Dental Group, Children's and Adult Programs, along with office locations and the names of the current ILWU-PMA Welfare Plan Trustees.

A supply will be sent to you.

A copy of this memo can be downloaded at www.benefitplans.org

Enclosure

cc Joe Cabrales, Area Welfare Director

GL:ib/opeiu29aflcio/MTP-InsertGentleDentalChildren

ILWU-PMA WELFARE PLAN – 1188 FRANKLIN STREET, SUITE 300 –
SAN FRANCISCO, CA 94109 (415) 673-8500

A Supplemental Summary Plan Description Insert

GENTLE DENTAL GROUP ADULT DENTAL PROGRAM

May 2006

(Revision to 5006C Program Description – Naismith Dental)

1. Page 1: ILWU-PMA Welfare Plan Trustees:

Union Trustees

Robert M. McEllrath
Ray Ortiz, Jr.
Joseph Wenzl

Employer Trustees

Michael H. Wechsler
Robert L. Stephens
James C. McKenna

The name of Naismith Dental Group Adult Dental Program has been changed to Gentle Dental San Francisco Adult Dental Program.

2. Page 3: Choice of Plans

Eligible person in the San Francisco area who are entitled to adult dental benefits are offered a choice between the Gentle Dental Group and alternative plans, Delta Dental of California or City Center Dental.

3. How to Obtain Services

All dental services are provided at the Gentle Dental offices at the following location:

2364 Geary Blvd., (across from Kaiser)
San Francisco, California 94115
Phone (415) 921-6722

The dental office is open Monday through Friday from 8:00 a.m. to 5:00 p.m. Call the above listed number for an appointment; in case of emergency, a visit will be scheduled immediately.

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GENTLE DENTAL GROUP CHILDREN'S DENTAL PROGRAM

May 2006

(Revision to 5006C Program Description – Naismith Dental)

1. Page 1: ILWU-PMA Welfare Plan Trustees:

Union Trustees

Robert M. McEllrath
Ray Ortiz, Jr.
Joseph Wenzl

Employer Trustees

Michael H. Wechsler
Robert L. Stephens
James C. McKenna

The name of Naismith Dental Group Children's Dental Program has been changed to Gentle Dental San Francisco Children's Dental Program.

2. Page 3: Choice of Plans

Eligible persons in the San Francisco area who are entitled to children's dental benefits are offered a choice between the Gentle Dental Group and alternative plans, Delta Dental of California or City Center Dental.

3. Page 4: How to Obtain Services

All dental services are provided at the Gentle Dental offices at the following location:

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