

# ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —  
Pacific Maritime Association [www.benefitplans.org](http://www.benefitplans.org)

1188 FRANKLIN STREET • SUITE 101 • SAN FRANCISCO, CALIFORNIA 94109

PHONE (415) 673-8500

FAX (415) 749-1400

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ILWU-PMA Pension Plan  
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

October 23, 2018

To: ILWU Southern California Locals 13, 26, 29, 46, 63, 94

From: Mario Perez, Manager, Welfare Plans

**Subject: Notice to All Southern California Participants and Beneficiaries Enrolled in the ILWU-PMA Welfare Plan**

The enclosed notice is being mailed to all eligible Welfare Plan enrollees in Southern California.

cc: Sam Alvarado, Area Welfare Director

Attachment

A copy of this memo can be downloaded at [www.benefitplans.org](http://www.benefitplans.org)

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ILWU-PMA Pension Plan  
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ILWU-PMA Watchmen Pension Plan

October 2018

**To: All Southern California Participants and Beneficiaries Enrolled in the ILWU-PMA Welfare Plan**

Please take notice that the Trustees of the ILWU-PMA Welfare Plan (“Plan”), who have sole authority to administer the Plan, have determined that the Plan will **not** reimburse any Plan Participants or otherwise pay benefits for any claims for services, supplies, tests, or prescriptions provided to any Plan Participant or beneficiaries by providers **Rudy Herrera, D.C., Seong Yo, D.P.M., Roya E. Dardashti, M.D., Edward N. Opoku, D.O., Kent S. Northcote, M.D., and Joseph M. Palumbo, D.O.**, or any healthcare providers working under the direction or supervision of these doctors, effective immediately.

A complete and current list of all providers and healthcare facilities whose services and prescriptions the Plan is no longer covering is posted on the Plan’s website, [www.benefitplans.org](http://www.benefitplans.org). Please consult the website or telephone the Benefit Plans Office at (415) 673-8500 to get the most current information regarding providers and facilities which are no longer covered.

Below, for your information, are the known addresses for these providers.

**Rudy B. Herrera, D.C.** : This provider will not be covered under the chiropractic benefit. Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

- 5397 Truxton Ave., Bakersfield, CA 93309
- 6001A Truxtun Ave., #180, Bakersfield, CA 93309

**Seong M. Yoo, D.P.M.** : Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

- 1551 Ocean Ave., Suite 200, Santa Monica, CA 90401

**(Over)**

**Roya E. Dardashti, M.D.** :Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

- 16250 Ventura Blvd., #345, Encino, CA 91436

- **Additional providers listed on back page** -

**Edward N. Opoku, D.O.** :Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

- 3850 Wilshire Blvd., Los Angeles, CA 90010
- 2222 Foothill Blvd., #E122, La Canada Flintridge, CA 91011
- 1555 W. 5th St., Oxnard, CA 91011
- 7012 Reseda Blvd., Suite A, Reseda, CA 91335

**Kent S. Northcote, M.D.** :Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

- 2550 S. Parker Rd., Ste. 206, Aurora, CO 80014
- 135 Iroquois Dr., Boulder, CO 80303
- 8723 Wadsworth Blvd., Ste. D, Arvada, CO 80003

**Joseph M. Palumbo, D.O.** :Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

- 201 State St., Erie, PA 16550
- 272 Benedict Ave., Norwalk, OH 44857
- 4039 Pebble Beach Dr., Canfield, OH 44406
- 265 West Main St., Ste. 103, Kent, OH 44240