

ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —
Pacific Maritime Association www.benefitplans.org

1188 FRANKLIN STREET • SUITE 101 • SAN FRANCISCO, CALIFORNIA 94109

PHONE (415) 673-8500

FAX (415) 749-1400

ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

August 1, 2019

To: ILWU Southern California Locals 13, 26, 29, 46, 63, 94

From: Mario Perez, Director of Benefit Plans

Subject: Notice to All Southern California Participants and Beneficiaries Enrolled in the ILWU-PMA Welfare Plan

As stated earlier this week, the enclosed notices are being mailed to all eligible Welfare Plan enrollees in Southern California. The memo sent earlier contained a typographical error in the address for Scott Adam which was corrected before the mailing began. Attached for your reference is the updated notice.

Attachment

Cc: Sam Alvarado, Area Welfare Director

A copy of this memo can be downloaded at www.benefitplans.org

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July 2019

To: All Southern California Participants and Beneficiaries Enrolled in the ILWU-PMA Welfare Plan

Please take notice that the Trustees of the ILWU-PMA Welfare Plan ("Plan"), who have sole authority to administer the Plan, have determined that the Plan will **not** reimburse any Plan Participants or otherwise pay benefits for any claims for services, supplies, tests, or prescriptions provided to any Plan Participant or beneficiaries by providers **Waterfront Wellness Center Inc., Duc Tran L.Ac., Scott Adam, D.C., Leo Matsumoto, D.C., Eugene Sung, D.C., Reliable Diagnostic Services Inc., George Mednik, M.D., Ph.D., Energy Wellness Rejuvenation Inc., Robert Hutchman, M.D., Jesse Mitchell, M.D., Valeriano Luz, N.P., Randall Caldron, M.D., Richard Henry Graves, D.P.M., and Ali Ahmad, M.D.**, or any healthcare providers affiliated with or working under the direction or supervision of these providers, effective August 28, 2019.

A complete and current list of all providers and healthcare facilities whose services and prescriptions the Plan is no longer covering is posted on the Plan's website, www.benefitplans.org. Please consult the website or telephone the Benefit Plans Office at (415) 673-8500 to get the most current information regarding providers and facilities which are no longer covered.

Below, for your information, are the known addresses and associated organizations for these providers.

Waterfront Wellness Center Inc.: This provider will not be covered under the chiropractic benefit. Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective August 28, 2019.

Addresses: 531 N. Avalon Blvd., Wilmington, CA 90744
523 Main St., El Segundo, CA 90245-3006
Affiliated Providers: John Blalock, D.C.

Duc Tran, L.Ac.: Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective August 28, 2019.

Address: 531 N. Avalon Blvd., Wilmington, CA 90744
Associated Organization: Waterfront Wellness Center Inc.

Scott Adam, D.C.: This provider will not be covered under the chiropractic benefit. Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective August 28, 2019.

Addresses: 531 N. Avalon Blvd., Wilmington, CA 90744
23341 Golden Springs Dr. Ste. 202, Diamond Bar, CA 91765-2058
Associated Organization: Waterfront Wellness Center Inc.

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Leo Matsumoto, D.C.: This provider will not be covered under the chiropractic benefit. Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective August 28, 2019.

Addresses: 531 N. Avalon Blvd., Wilmington, CA 90744
14120 Beach Blvd. Ste. 214, Westminster, CA 92683-4454
Associated Organization: Waterfront Wellness Center Inc.

Eugene Sung, D.C.: This provider will not be covered under the chiropractic benefit. Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective August 28, 2019.

Addresses: 531 N. Avalon Blvd., Wilmington, CA 90744
24548 Hawthorne Blvd., Torrance, CA 90505-6807
Associated Organization: Waterfront Wellness Center Inc.

Reliable Diagnostic Services Inc.: Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective August 28, 2019.

Addresses: 30 N. Raymond Ave., #208, Pasadena, CA 91103
P.O. Box 16771, Encino, CA 91316-9998
Affiliated Providers: Lynn Juanita Goodloe, M.D., Patricia Wynn Jones, M.D.

George Mednik, M.D., Ph.D.: Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective August 28, 2019.

Addresses: 30 N. Raymond Ave., #208, Pasadena, CA 91103
P.O. Box 16771, Encino, CA 91316-9998
8425 W. 3rd St. Ste. 206, Los Angeles, CA 90048
Associated Organization: Reliable Diagnostic Services Inc.

Energy Wellness Rejuvenation Inc.: Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective August 28, 2019.

Addresses: 456 Panorama Drive, Laguna Beach, CA 92651
4330 Barranca Parkway Ste. 112, Irvine, CA 92604
Affiliated Providers: John Glavinovich, M.D., Western Acute Care Physicians Inc.,
Garden Grove Emergency Physician Medical Group

Robert Hutchman, M.D.: Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective August 28, 2019.

Address: 517 E. Wilson Ave., STE 103B, Glendale, CA 91206

Jesse Mitchell, M.D.: Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective August 28, 2019.

Address: 400 Newport Center Dr. STE 210, Newport Beach, CA 92660

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Valeriano Luz, N.P.: Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective August 28, 2019.

Address: 9818 Paramount Blvd., STE C, Downey, CA 90240
Associated Organization: Zumaya Medical Group

Randall Caldron, M.D.: Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective August 28, 2019.

Addresses: 7230 Medical Center Dr., STE 302, West Hills, CA 91307
1423 W. 8th St., San Pedro, CA 90732-3803
Associated Organization: Nova Medical Center

Richard Henry Graves, III, D.P.M.: Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective August 28, 2019.

Address: 304 Cherry Ave., Long Beach, CA 90802

Ali Ahmad, M.D.: Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective August 28, 2019.

Addresses: 1428 W. 7th St., STE B, San Pedro, CA 90732
350 W. 5th St., STE 105, San Pedro, CA 90731
16111 Beach Blvd., Huntington Beach, CA 92647
Associated Organizations: Ali Ahmad Medical Corp., Ali Ahmad Family Medicine, The Medical Dock, Bella Terra Urgent Care, Beach Skin MD, Beach Body MD, Longshore Medical Group, San Pedro Healing Arts Medical Clinic