



ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan
ILWU-PMA Supplemental Welfare Benefit Plan

June 28, 2006

TO: ILWU Washington Locals 19, 23, 32, 47, 52 and 98

FROM: Gail Lorentz, Manager, Welfare Plans

SUBJECT: Benefit Changes for Group Health Cooperative Eligibles

Group Health Cooperative has announced benefit changes as described below effective July 1, 2006. These benefit changes are subject to review by the ILWU-PMA Welfare Plan Trustees.

Chemical Dependency Treatment

The benefit period allowance has been increased from \$12,500 to \$13,000 maximum per member per any 24 consecutive calendar month periods.

Out Patient Mental Health Visits

Prior to July 1, 2006 the first ten (10) outpatient mental health visits were covered in full and the next ten (10) were covered at 50%. As of July 1, 2006 twenty (20) outpatient mental health visits will be covered in full per calendar year.

Mental Health Services

Outpatient electro-convulsive therapy treatment is now covered the same as any other outpatient surgery.

Acupuncture

The visit limitation has been increased from a maximum of five (5) visits per Member per medical diagnosis per calendar year to eight (8) visits per Member per medical diagnosis per calendar year.

Naturopathy

The visit limitation has been increased from a maximum of two (2) visits per Member per medical diagnosis per calendar year to three (3) visits per Member per medical diagnosis per calendar year.

Over

Emergency Care

Prior to July 1, 2006 outpatient medications prescribed by a non-Group Health Cooperative Provider (GHC) during an emergency room visit at a non-GHC Facility were not covered. As of July 1, 2006 outpatient medications prescribed by a non-GHC Provider during an emergency room visit at a non-GHC Facility are covered.

The next revised *Group Health Cooperative SSPD* will reflect these changes.

cc: Nick Buckles, Area Welfare Director

A copy of this memo may be downloaded at www.benefitplans.org

GL:lab/O.P.E.I.U., LOCAL 29 - AFL-CIO/ BenCngsGHC-062806