ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union — Pacific Maritime Association

www.benefitplans.org

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ILWU-PMA Pension Plan ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan ILWU-PMA Supplemental Welfare Benefit Plan

March 22, 2012

To:

ILWU Longshore, Ship Clerk, Walking Boss/Foreman, and

Watchmen Locals

From:

Elizabeth Sharpe, Manager, Welfare Plans

Subject:

ILWU-PMA Coastwise Indemnity Plan Schedule of Benefit

Allowances

Attached is the Coastwise Indemnity Plan Schedule of Basic Plan Benefit Allowances effective April 1, 2012. A supply will be sent to you.

Attachment

CC:

Area Welfare Directors

A copy of this memo can be downloaded at www.benefitplans.org

SUMMARY OF BENEFITS FOR NON-MEDICARE ELIGIBLES

ILWU-PMA Coastwise Indemnity Plan Schedule of Basic Plan Allowances Effective April 1, 2012

The following Basic Benefits are paid at 100% of the scheduled amounts shown below for the applicable type of medical expense and are not subject to a deductible. These benefits do not count toward your Major Medical lifetime maximum. In most cases, the balance of UCR charges remaining after these Basic Benefits have been paid is covered under the Major Medical plan. (Note: Substance abuse treatment is not covered under Major Medical.) These Basic Plan Allowances are subject to periodic adjustment.

Hospital Benefits

Room & Board: Up to \$691.85 per day, for up to 365 days per confinement.

Hospital Extras*:

PPO: 100% of PPO charges

Non-PPO: Up to \$8,649.01 with any balance at 80% of UCR under Major Medical

No PPO Access: 100% of UCR

Ambulance: Up to \$639.26 per confinement for transportation to or from a hospital (included in

the Hospital Extras benefit).

*(The *Hospital Extras* benefit is payable for inpatient hospital charges for supplies and services other than room and board, outpatient hospital charges incurred for surgery or accident treatment, and surgery charges from approved ambulatory surgi-centers.)

Surgery and Anesthesia

Maximum per Disability (a "disability" is any one accident or sickness):	
Surgeon	\$15,798.00
Anesthesiologist	
Assistant Surgeon	
Maximum for any one procedure – based on 1964 Relative Value Schedule	
multiplied by	\$78.99

Doctor Visits

laximum	

Office Visits	\$52.60
Home Visits	\$86.31
Hospital Visits	·
Maximum hospital visit per confinement	

Diagnostic X-Ray and Laboratory - Outpatient

Maximum per accident or sickness in each 6-month period	864.89
(Benefit maximum renews on January 1 and July 1 each year)	

Maternity

Pregnancy related expenses are paid on the same basis as any other medical condition under the Basic and Major Medical benefits of the plan.

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