

# ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —  
Pacific Maritime Association [www.benefitplans.org](http://www.benefitplans.org)

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ILWU-PMA Pension Plan  
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

## **THIS IS FOR ELECTRONIC FUND TRANSFER (EFT) PARTICIPANTS ONLY**

### **ELECTRONIC FUND TRANSFER DEPOSIT DATES FOR THE YEAR 2024**

#### **PENSION PAYMENTS**

<b>MONTH OF PAYMENT</b>	<b>DATE CREDITED TO YOUR ACCOUNT</b>
January	1/2/2024 – Tuesday
February	2/1/2024 – Thursday
March	3/1/2024 – Friday
April	4/1/2024 – Monday
May	5/1/2024 – Wednesday
June	6/3/2024 – Monday
July	7/1/2024 – Monday
August	8/1/2024 – Thursday
September	9/3/2024 – Tuesday
October	10/1/2024 – Tuesday
November	11/1/2024 – Friday
December	12/2/2024 – Monday
January 2025	1/2/2025 – Thursday

Please check with your financial institution as to the time of day when your pension payment will be credited to your account.